

Hymns 521, 329, 371

The Bible

**Mark 13:37**

37 And what I say unto you I say unto all, Watch.

**Prov. 8:34**

34 Blessed *is* the man that heareth me, watching daily at my gates, waiting at the posts of my doors.

**Isa. 45:22**

22 Look unto me, and be ye saved, all the ends of the earth: for I *am* God, and *there is* none else.

**Ps. 78:1–4, 7**

- 1 Give ear, O my people, *to* my law: incline your ears to the words of my mouth.
- 2 I will open my mouth in a parable: I will utter dark sayings of old:
- 3 Which we have heard and known, and our fathers have told us.
- 4 We will not hide *them* from their children, shewing to the generation to come the praises of the LORD, and his strength, and his wonderful works that he hath done.
- 7 That they might set their hope in God, and not forget the works of God, but keep his commandments:

**Ex. 20:3–5 (to :), 7 (to ;), 8, 12–17**

- 3 Thou shalt have no other gods before me.
- 4 Thou shalt not make unto thee any graven image, or any likeness *of any thing* that *is* in heaven above, or that *is* in the earth beneath, or that *is* in the water under the earth:
- 5 Thou shalt not bow down thyself to them, nor serve them: ...
- 7 Thou shalt not take the name of the LORD thy God in vain; ...
- 8 Remember the sabbath day, to keep it holy.
- 12 ¶ Honour thy father and thy mother: that thy days may be long upon the land which the LORD thy God giveth thee.
- 13 Thou shalt not kill.
- 14 Thou shalt not commit adultery.
- 15 Thou shalt not steal.
- 16 Thou shalt not bear false witness against thy neighbour.
- 17 Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that *is* thy neighbour's.

**Eccl. 12:13**

- 13 ¶ Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this *is* the whole *duty* of man.

**James 1:12**

12 Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him.

**Matt. 4:1–10, 17, 23**

1 Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil.  
2 And when he had fasted forty days and forty nights, he was afterward an hungered.  
3 And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.  
4 But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.  
5 Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple,  
6 And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in *their* hands they shall bear thee up, lest at any time thou dash thy foot against a stone.  
7 Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God.  
8 Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them;  
9 And saith unto him, All these things will I give thee, if thou wilt fall down and worship me.  
10 Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.  
17 ¶ From that time Jesus began to preach, and to say, Repent: for the kingdom of heaven is at hand.  
23 ¶ And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.

**Matt. 5:1, 2, 9, 43–45 (to :)**

1 And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him:  
2 And he opened his mouth, and taught them, saying,  
9 Blessed *are* the peacemakers: for they shall be called the children of God.  
43 ¶ Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.  
44 But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;  
45 That ye may be the children of your Father which is in heaven: ...

**John 13:34**

34 A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.

**Eph. 6:23**

23 Peace *be* to the brethren, and love with faith, from God the Father and the Lord Jesus Christ.

**SH 1:6**

6 Prayer, watching, and working, combined with self-im-  
molation, are God's gracious means for accomplishing  
whatever has been successfully done for the Christian-  
9 ization and health of mankind.

**SH 253:32-8**

The divine demand, "Be ye therefore perfect," is sci-  
1 entific, and the human footsteps leading to perfection are  
indispensable. Individuals are consistent who, watching  
3 and praying, can "run, and not be weary; . . .  
walk, and not faint," who gain good rapidly  
and hold their position, or attain slowly and  
6 yield not to discouragement. God requires perfection,  
but not until the battle between Spirit and flesh is fought  
and the victory won.

Patience  
and final  
perfection

**SH 4:5**

To keep the com-  
6 mandments of our Master and follow his  
example, is our proper debt to him and the only  
worthy evidence of our gratitude for all that he has  
9 done. Outward worship is not of itself sufficient to  
express loyal and heartfelt gratitude, since he has  
said: "If ye love me, keep my commandments."

Efficacious  
petitions

**SH 188:4-8**

The belief of sin, which has grown  
terrible in strength and influence, is an uncon-  
6 scious error in the beginning, — an embryonic  
thought without motive; but afterwards it  
governs the so-called man.

Embryonic  
sinful  
thoughts

**SH 4:12**

12 The habitual struggle to be always good is unceas-  
ing prayer. Its motives are made manifest in the  
blessings they bring, — blessings which, even if not  
15 acknowledged in audible words, attest our worthiness  
to be partakers of Love.

**SH 339:25-22**

The basis of all health, sin-  
lessness, and immortality is the great fact that God is  
27 the only Mind; and this Mind must be not merely be-  
lieved, but it must be understood. To get rid of sin  
through Science, is to divest sin of any supposed mind

30 or reality, and never to admit that sin can have intelli-  
gence or power, pain or pleasure. You conquer error by  
denying its verity. Our various theories will never lose  
1 their imaginary power for good or evil, until we lose our  
faith in them and make life its own proof of harmony  
3 and God.

This text in the book of Ecclesiastes conveys the  
Christian Science thought, especially when the word  
6 *duty*, which is not in the original, is omitted: “Let  
us hear the conclusion of the whole matter: Fear God,  
and keep His commandments: for this is the whole  
9 duty of man.” In other words: Let us hear the con-  
clusion of the whole matter: love God and keep His  
commandments: for this is the whole of man in His  
12 image and likeness. Divine Love is infinite. Therefore  
all that really exists is in and of God, and manifests His  
love.

15 “Thou shalt have no other gods before me.” (Exodus  
xx. 3.) The First Commandment is my favorite text.  
It demonstrates Christian Science. It inculcates the tri-  
18 unity of God, Spirit, Mind; it signifies that man shall  
have no other spirit or mind but God, eternal good, and  
that all men shall have one Mind. The divine Principle  
21 of the First Commandment bases the Science of being, by  
which man demonstrates health, holiness, and life eternal.

#### SH 192:21–24 (to 2nd .)

21 Your in-  
fluence for good depends upon the weight you throw into  
the right scale. The good you do and embody gives you  
24 the only power obtainable. Evil is not power.

#### SH 168:6–10

6 Whatever influence you cast on the side  
of matter, you take away from Mind, which  
would otherwise outweigh all else. Your belief militates  
9 against your health, when it ought to be enlisted on the  
side of health.

Belief on the  
wrong side

#### SH xi:9

9 The physical healing of Christian Science results  
now, as in Jesus’ time, from the operation of divine  
Principle, before which sin and disease lose their real-  
12 ity in human consciousness and disappear as naturally  
and as necessarily as darkness gives place to light and  
sin to reformation. Now, as then, these mighty works

15 are not supernatural, but supremely natural. They are  
the sign of Immanuel, or “God with us,” — a divine  
influence ever present in human consciousness and re-  
18 peating itself, coming now as was promised aforetime,

To preach deliverance to the captives [of sense],  
And recovering of sight to the blind,  
21 To set at liberty them that are bruised.

**SH 180:25–27**

When man is governed by God, the ever-present  
Mind who understands all things, man knows that with  
27 God all things are possible.

**SH 180:17**

Doctors should not implant disease in the thoughts of  
18 their patients, as they so frequently do, by declaring dis-  
ease to be a fixed fact, even before they go to  
work to eradicate the disease through the ma-  
21 terial faith which they inspire. Instead of furnishing  
thought with fear, they should try to correct this turbulent  
element of mortal mind by the influence of divine Love  
24 which casteth out fear.

Wrong and  
right way

**SH 420:10–13**

Instruct the sick that they are not helpless victims,  
for if they will only accept Truth, they can resist disease  
12 and ward it off, as positively as they can the  
temptation to sin.

Positive  
reassurance

**SH 185:32**

A patient under the influence of mortal mind is healed  
1 only by removing the influence on him of this mind, by  
emptying his thought of the false stimulus  
3 and reaction of will-power and filling it with  
the divine energies of Truth.

False  
stimulus

**SH 68:2**

At present mortals progress slowly for  
3 fear of being thought ridiculous. They are  
slaves to fashion, pride, and sense. Some-  
time we shall learn how Spirit, the great architect, has  
6 created men and women in Science. We ought to weary  
of the fleeting and false and to cherish nothing which  
hinders our highest selfhood.

Basis of true  
religion

**SH 89:21–22**

21 We  
are all capable of more than we do.

Scientific  
improvisation

**SH 254:10–12**

When we wait  
patiently on God and seek Truth righteously, He directs  
12 our path.

**SH 367:17**

A Christian Scientist occupies the place at this period  
18 of which Jesus spoke to his disciples, when he said: “Ye  
are the salt of the earth.” “Ye are the light  
of the world. A city that is set on an hill can-  
21 not be hid.” Let us watch, work, and pray that this salt  
lose not its saltness, and that this light be not hid, but  
radiate and glow into noontide glory.

The salt of  
the earth